| Arizona Department of Health Services Office for Children with Special Health Care Needs Children's Rehabilitative Services Administration | Effective Date: 03/01/2007 |
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| SUBJECT: Medical and Utilization Management | SECTION: MM/UM 1.3 |

SUBTITLE: Drug Utilization Review

POLICY:

It is the policy of Children's Rehabilitative Services Administration (CRSA) to monitor the prescribing, dispensing, and usage of medications.

PROCEDURE:

- 1) CRSA Utilization Management (UM) staff review pharmacy data monthly, by site, to detect changes or unusual patterns in prescribing and dispensing drugs and to prevent inappropriate use or abuse. Analysis includes:
 - a) Comparison with previous months.
 - b) Comparisons with other sites.
 - c) Identification of outliers.
 - d) Other elements as indicated.
- The Medical Director is informed of immediate concerns, which are taken to the next scheduled MM/UM Committee meeting or an MM/UM ad hoc meeting is called.
- 3) A quarterly report is generated from the monthly data and presented to the Pharmacy and Therapeutic Subcommittee for review and interventions as indicated.
- 4) Interventions are recommended by the Pharmacy and Therapeutic Subcommittee to the MM/UM Committee.
- 5) CRSA intervenes with education, counseling, or other appropriate action, up to and including a Corrective Action Plan and/or sanctions.
- 6) CRSA monitors the interventions and corrective action plans.

| Approved: | Date: |
|-----------------------|---------|
| CRSA Administrator | 2/23/07 |
| CRSA Medical Director | 2/22/07 |

The Primary Position of Responsibility for this policy is the Office for Children With Special Health Care Needs.
Users are encouraged to suggest improvements regarding this policy and procedure.